

PFT Instructions

1. Please make an appointment for a Pulmonary Function Test (PFT) at the front desk. Allow sufficient time in your schedule since the appointment will take a full 45 minutes.
2. DO NOT USE your asthma medicine for the 24hrs. prior to your testing.
3. Bring your medication with you to the office visit.
4. You will be seeing the nurse for the **procedure only** at the time of your visit. You will **not** be seeing a provider.
5. Procedure:
 - a. Sign in at front desk and co-pay will be collected.
 - b. You will be taken back to a patient room.
 - c. PFT equipment will be brought to you to complete a pre-treatment reading. Nurse will instruct you on how to breathe into the unit.
 - d. You will take your albuterol medication from home or you will take a nebulizer treatment.
 - e. After waiting for 20 minutes a post treatment reading will be done.
6. Once the testing is completed you will be discharged from the office. You may return to your normal routines and activities. Schedule your next f/u appointment.
7. **Results will be discussed at your next asthma follow-up visit.**